

SAMRIDHI
DANCE
FOUNDATION



About Us

Samridhi Dance Foundation was founded in 2016 by Smt. Rakshita Purisai Raghunathan, an initiative spearheaded towards cultivating the importance of the art of Bharathanatyam. Samridhi's aim is to focus on teaching and promoting the performing art form among people across borders and identities for sheer joy of celebration of the Indic culture of dance. The foundation aims to provide cultural education of the art of natyam by imparting the essence of the Guru-Sishya Parampara system through a contemporary approach. Samridhi's maiden initiative on YouTube was recognized by Google India as a channel of immense value in their project for creating a platform for endemic creators and the growth of classical arts on YouTube and having over 5M+ viewership in over 56+ countries. We are registered performing arts organization under the MSME's creative arts category.

More information on our methodology and training programs are available on our website - <https://samridhidance.com/about>

50K+
subscribers

150+ students trained

25+ countries

100+
performances given



Founder & Artistic Director
Smt, Rakshita Purisai Raghunathan

Rakshita is a Bharathanatyam Performing Artist, Tutor and Choreographer from Bengaluru, India. She is the Founder of Artistic Director of “Samridhi”. Smt. Rakshita Purisai Raghunathan is a Bharatanatyam Dancer from Bangalore, India. She is the disciple of Guru Kalaimamani Smt. Ramya Ramnarayan, following the lineage of Guru Swamimalai K Rajaratnam Pillai. Rakshita was initiated into Bharatanatyam and Carnatic Music at the age of 5. She has had formative training in Pandanallur and Vazhuvoor Styles. She has trained in Natya Shastra Karana Vivaranam with Dr. Sujatha Mohan(disciple of Guru, Dr. Padma Subrahmanyam). She exhibits nuances in Bharata Nrityam through her form. She is training in Nattuvangam and Rhythm Composing from Guru. Kaliswaran Pillai (Lineage of Guru Kathirvel Nattuvanar), Mumbai. She is also pursuing her Adhyapika training for Natyacharya. Rakshita has performed across India in several places, notably – Nadaneerajanam, Tirumala Tirupati, National Bharatanatyam Utsav at Ayodhya , convened by the Ministry of Culture and IECSME- Delhi , Mayuram Nritya Utsav “Varshmangal” held at ICCR, Kolkata, Shilparamam - Hyderabad, Guru Poornima at Haridwar – Uttarakhand, Guru Samarpana Angaharam , a tribute to Dr. Padma Subrahmanyam held at Chennai, World Tamil Conference , Mahashivaratri Natyanjalis in over 10 Sthalams to name a few.

AWARDS

- “Nritya Nipun” conferred by the prestigious Atharvotsav’24 felicitated by Shri. Prince Pratap Singh Serfoji Raje Bhonsle(descendant of the great Serfoji Raj of Thanjavur Maratha Empire held at Mumbai in April 2024
- “Nari Pratibha Samman” Changemaker award - 2024 by SheForward Foundation powered by NE8x® Inspire, recognising exceptional women changemakers for works,efforts and contribution across diverse domains.
- “Nritya Mayuri Samman” from “Varshmangal Utsav” - Astika Centre of Performing Arts held at ICCR, Ho Chi Minh, Kolkata in July 2023.
- “Natya Kalamani” and “Best Performance Award” from SHKK Trust during the Hosur Natyanjali in February 2023
- “Natya Kushala” conferred by Natanam Foundation, Bengaluru on the auspicious occassion of Mahashivaratri Natyanjali
- “Artpreneur of the Year” by Femmetimes Media Jaipur, for India;s Under 50 Women Achievers
- “Yuva Kala Bharati” - Junior awarded at the earlier days by Bharati Yuvakendra, Madurai





What our students say about Nritya Praveshika

Sampada Yennuwar
Pune, India

Training with Samridhi Dance Foundation for me personally is a revival of my childhood dream of learning and dancing Bharatanatyam, and Guru Rakshita akka has truly been the pillar of support in all forms for us. For us as adult beginner learners of such an ancient art form, she truly leads with patience, care and efficacy. The in depth teaching of not just conceptual understanding, but also its application through movement has created a beautiful balance of confidence in knowledge and movement for me. It has enhanced my focus, dedication, and openness to "practice" in not just Bharatanatyam but also in my other aspects of life. Thank you, akka for your divine work.

Mridul Chavan,
California, USA

Training under Rakshita ma'am this past year has been a transformative experience in many ways. The curriculum has been designed well and incorporates all fundamental aspects of learning dance in a holistic way. Her attention to detail and patience in teaching is commendable. The class environment is also quite supportive and open. I look forward to continuing my Bharatanatyam journey here. What I have received is an incredible experience! I have learned and grown so much as a dancer. I'm truly grateful for the guidance and inspiration. I've gained not just skills but a deeper understanding of Bharatnatyam.

Keerthima Vijayan,
Dubai,
UAE

I am very grateful to Samridhi Dance Foundation because I have improved myself a lot as a dancer and we know that online classes have limitations but it is so much fun and we have different assignment based on our module , exercises depends on our health condition and ability, so I am proud to be a student in SDF , our one -to- one session it is a great experience and it is based on our module . I can realize that my real capacity, my passion , my strength and what I have studied have totally benefited by growth as a dancer

CLASS
METHODOLOGY
&
STRUCTURE



Samridhi's Approach to learning Bharatanatyam



Science

Learning the science of dance – origin, influence, propagation and evolution. The impact of history and literature, the reverence to artistic & musical lineage of the art form of Bharatanatyam



Movement

Improving body awareness by using vocabulary of traditional indian dance and creative movement. Body conditioning, strength training regimen to acclimatize to the form of movement sustainably



Performance

Rendering techniques of performance – dramaturgy in dance, music and rhythm significance exploration, formatting and presenting repertoire with a thorough understanding of the exhibits.

Class Methodology

Live Classes + Video Recordings + Practice Audios + Any Required PDFs

Our training encompasses many aspects of presentational and performative details for students. We truly believe in the Guru-Sishya Parampara tradition and passing the core values of dance from generations to generations. Our class work focuses on helping the student build a deeper appreciation of the art form with thorough and profound understanding. The classes are democratic to explore freedom of movement within the structure and pedagogy of our training. We encourage the students to work with each other, practice and help build a community of learners who will motivate each other into practice and developing the skill of dance.



**Our Learning Programs will commence in the following batches
(Batch Start Date will be in November, further details will be communicated to applicants)**

Batch - Nritya Pravesika (Online Group).

Group Classes for Beginners

Open Batch – All Age Groups who are above 13+ years of age. No upper age limit as long as the student can commit to regular rigorous training and show progress as per instructions.

Duration - 1 Year

Admission Fees - INR 2500 (one time payment)

Monthly Fees - INR 3000/per month + convenience fees(INR 100) = INR 3100

Class materials such as Videos, Audios and Resources will be shared to student at no extra cost

Syllabus - Shastra & Prayoga (Only Broad areas mentioned here, detailed syllabus will be sent in the information booklet after registration to the classes for prospective students)Bharata Shastra - History & Evolution of Bharatanatyam - Anga Classification - Bhedas- Banga Classification - Adavu Classification - Pancha Jaathi & Talam Fundamentals - Angaabhyasa & Vyayama Routine - Charis and Karana Fundamentals - Dashavidha Adavus - Upa Adavus - Sloka Malas - Bhavabhinaya - Choreography Fundamentals

For Registration : <https://forms.gle/QSgba12cG3nn9q4E7>

Please fill the form from above link to understand the time and batch details.

For any specific questions, you can mail us at samridhi.odl@gmail.com.

Fee Payment Links

Admission Fee : <https://rzp.io/rzp/sdfadmissionfees>

Monthly Fee : <https://rzp.io/l/sdfnpclasses>

PLEASE UNDERSTAND THAT THE REGISTRATION TO CLASSES IS ONLY COMPLETE WHEN THE ONE-TIME ADMISSION FEE AND 1ST MONTH FEES ARE PAID. KINDLY SHARE YOUR TRANSACTION WITH US ON MAIL AT samridhi.odl@gmail.com.



Batch - Nritya Unnathi (Online - Group)

Group Classes for Intermediate Students

Only One Batch - (Age 13 to 35 only)

Minimum 3+ years experience required for students joining this batch.

Students will be selected based on Audition Videos.

Follow the below procedure to send us the audition tapes.

1. Mail to samridhi.odl@gmail.com - an introduction of yourself (name, age, location, occupation and experience with previous training/name of Guru, style trained and if any performances given)
2. Kindly send us a video as a drive link not exceeding 3 minutes demonstrating any Jathi/(Adavu in Trikalam) you have learnt from your teacher only with clear audio (do not use youtube audios/instagram reels). Clarity in demonstration & understanding of Nritya is expected.
3. Student will be purely selected on the basis of ability and conceptual knowledge.

Duration - 12 Months Certificate Program

Admission Fees - INR 2500(one time payment)

Fees - INR 3200/ per month + convenience fees(INR 150) = INR 3350

Syllabus : Will be shared after audition and selection of students

For Registration : <https://forms.gle/ucpY65kMjT9uU5Q7A>

Please fill the form from above link to understand the time and batch details.

For any specific questions, you can mail us at samridhi.odl@gmail.com.

Please note - The students who are registering, enrolling and making the payment of fees will only be part of the training. If you are interested to join, please register before the slots fill soon, as we have only limited seats. We encourage all students with passion and interest for traditional art to join the experience.

Students who are irregular to the training will be terminated. Students who are not showing progress and completing the given assignments will not be encouraged for further levels.



Certifications

Please note that we are not SELLING CERTIFICATES.

No student is entitled for getting a certificate by attending classes and paying fees.

The purpose of the levels and certifications is to motivate and enable confidence in the learner.

There are 3 Levels - subdivided as per the course

- **Nritya Praveshika - Level I**
- **Nritya Unnati - Level II**
- **Nritya Paripurnata - Level III**

Please note that these levels are identified for administrative reasons and to progress with the curriculum. With regards to the training, our classes will be continuous and only students who are regular in attendance, working on the creative assignments and showing progress will be encouraged to go the next level. The time duration that is mentioned is also tentative to the group co-operation and progress.

For the purpose of completion of a level, the student has to complete assessments and evaluation. A certificate "Title" is given from our Institution to motivate the student. These evaluations may be conducted 1:1 physically/virtually, sometime even under the presence of an examiner. A student can take up an evaluation only once, hence only after careful practice and preparation, the student is expected to take.

There is a nominal certification charge for this process at each level.

CID-UNESCO Certification

This is conducted for students only after completion of 150+ hours in training. The students receive a credential from the Cultural Umbrella Organization of UNESCO at Paris. This has a global value and helps the student build a career in dance.

A 3-Part Evaluation is conducted for the student along with submission of assignments and documents required by the council to be eligible for the certification. This involves a certification charge to be paid for the Institution. More details about the program can only be shared with after a student is considered prospective for the same.